## Scoring the GRIMS Questionnaire



## **Scoring Key**

**SD** = STRONGLY DISAGREE = 0

**D** = DISAGREE = 1

 $\mathbf{A} = AGREE = 2$ 

**SA** = STRONGLY AGREE = 3

POSITIVELY SCORED ITEMS 3, 6, 7, 8, 11, 13, 16, 18, 19, 21, 23, 24, 26, 27

NEGATIVELY SCORED ITEMS 1, 2, 4, 5, 9, 10, 12, 14, 15, 17, 20, 22, 25, 28

RAW GRIMS SCORE = SUM OF POSITIVELY SCORED ITEMS - SUM OF NEGATIVELY SCORED ITEMS + 42

(NOTE: A HIGH SCORE REPRESENTS A PROBLEMATIC RELATIONSHIP)

## **Transformation Table**

RAW SCORE	TRANSFORMED SCORE	INTERPRETATION
47 or more 42 to 46 38 to 41 34 to 37	9 8 7 6	very severe problems severe problems bad poor
30 to 33 26 to 29 22 to 25 17 to 21 16 or less	5 4 3 2 1	average above average good very good (undefined)

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